



**TechnoLife Wise®**  
FOUNDATION



Do you want to host an interactive talk/seminar focusing on the following topic?

Applied for SACE-accreditation

## Digital Health and Well-being!

Meaningful management, well-balanced and healthy choices of technology and social media in the 4th Industrial Revolution

- Neuroscientific and biological impact on our humanness.
- Daily realities, trends and challenges.
- Techno-life hacks and skills to flourish!
- Positive forward!

### We introduce 2020 TechnoLife Wise Families in 2020!

where parents and community members work together to prepare old and young for the 4th Industrial Revolution!

Do you want to **be part of the techno-wise parents network** and community members who live a healthy, happy and well-balanced life in our techno-immersed world?

Contact us and register via our website

[www.technolifewise.org](http://www.technolifewise.org) to become part of our **2020 TechnoLife Wise Families in 2020!**



### Dr. Marlena Kruger

Neuroscientist, Technology Addiction Specialist and Integrated Health and Wellness Practitioner.

Founder of *TechnoLifeWise Foundation*.

- *TEDxJohannesburg-speaker*
- Winner "*Global Women of Purpose (GWOP) - Business Woman of the Year 2019*"
- "*Global Education Leadership Award - 2019*"
- Finalist "*Woman of Stature Awards 2019*"
- Finalist "*Hirsch's Business Woman Achiever of the Year*" in 2018.



Book now a date and time for a presentation in 2020:

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 🌐 [www.technolifewise.org](http://www.technolifewise.org)  
 ☎ 083 456 3505

PBO nr: 030061987

**FREE!!** Four (4) children books and a DVD on Technology Addiction to the value of R350 are donated to your school when a booking is made for a talk in the first semester 2020.